

#6 Using Padlet to Enhance Active Learning and Engagement in Large Group Library Instruction Sessions

Tania Wisotzke



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The Problem:

Making a literature search skills instruction session interactive and fun for 60+ health science students stuck in a lecture hall.

The Solution:

Using the free collaboration tool **Padlet** to allow students to share their search activity results in real time with the whole class.

https://padlet.com

The image shows the Padlet website homepage. At the top left is the Padlet logo, a pink paper airplane icon next to the word "padlet". To the right of the logo are navigation links: "For school", "For business", "Shop", "Help", and a "Log in" button. The main heading in the center reads "Welcome to the easiest way to create and collaborate in the world". Below this are two buttons: "Create a padlet" (pink) and "Sign up for FREE" (purple). The bottom half of the page features a collage of various Padlet boards. One board titled "My workout diary" is prominent, containing a map, a photo of a runner, and a video. Another board shows "MOTIVATION MUSIC" with a video of a person running. A third board displays a pair of sneakers. A fourth board shows a map. A mouse cursor is pointing at one of the boards in the collage.

padlet

For school For business Shop Help Log in

Welcome to the easiest way to create and collaborate in the world

Create a padlet Sign up for FREE


My workout diary
Packets, guides, running routes, and more

Ultra Trail Runner Mike Foote on Montana Pride, Yurt ...
"Team Foote" was the slogan on the T-shirts Missoula, ...
BEYOND THE EDGE

MOTIVATION MUSIC

DO IT AGAIN

My workout diary
Packets, guides, running routes, and more

 Tania Wisotzke · 1m

Is conservative treatment effective for lateral epicondylitis?

Find a systematic review to address this question. Post the article title and a link to the abstract below.



Is conservative treatment effective for lateral epicondylitis?

Find a systematic review to address this question. Post the article title and a link to the abstract below.

Are passive physical modalities effective for the management of soft tissue injuries of the elbow, forearm, wrist, or hand? A systematic review

http://www.crd.york.ac.uk/prospero/display_record.asp?src=trip&ID=CRD42014008900
http://www.crd.york.ac.uk/prospero/display_record.asp?src=trip&ID=CRD42014008900

<http://www.crd.york.ac.uk/CRDWeb/ShowRecord.asp?AccessionNumber=12003000801>

A systematic review and meta-analysis of clinical trials on physical interventions for lateral epicondylalgia

A systematic review of the effectiveness of manipulative therapy in treating lateral epicondylalgia

<http://ukpmc.ac.uk/articlerender.cgi?artid=1828008&...>

Orthotic devices for the treatment of tennis elbow. Cochrane review

<http://web.b.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=12&sid=ab337f04-6e2e-456c-92d8-c36831271b57%40sessionmgr2>

Lateral elbow tendinopathy: Evidence of physiotherapy management.

<https://www.ncbi.nlm.nih.gov/pubmed/27622145>

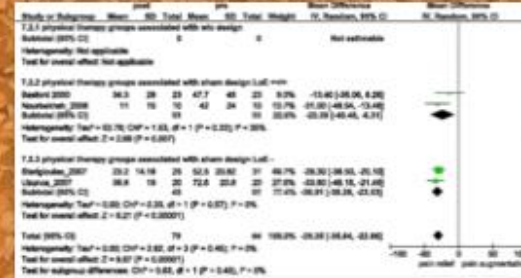
<https://www.ncbi.nlm.nih.gov/pubmed/25414603>

Conservative treatments for tennis elbow do subgroups of patients respond differently?

Effectiveness of physical therapy treatments on lateral epicondylitis

<http://eds.b.ebscohost.com/eds/detail/detail?vid=3&sid=a71bc062-3210-4bf3-8585->

Photomed Laser Surg. 2010 Jun;28(3):327-36. doi: 10.1089/pho.2009.2558.



Efficacy of physical therapy for the treatment of lateral epicondylitis. BMC Musculoskelet Disord. 2015 Aug 25;16:148. doi: 10.1186/s12913-015-0921-7.

Non-surgical treatment of lateral epicondylitis: a systematic review of randomized controlled trials.

<https://www.ncbi.nlm.nih.gov/pubmed/25414603>

<https://www.ncbi.nlm.nih.gov/pubmed/17987156>

<http://web.a.ebscohost.com/ehost/detail/detail?vid=3&sid=a71bc062-3210-4bf3-8585->

<https://www.ncbi.nlm.nih.gov/pubmed/1987425>

<http://search.pedro.org/record-detail/44228>

Review: Effectiveness of exercise therapy in patients with symptomatic shoulder or lateral epicondylar systematics review

<http://eds.b.ebscohost.com/detail/detail?vid=4&sid=a71bc062-3210-4bf3-8585-8313b06833c1%40hid=122&bdata=JnNpdGU9Z#AN=S1440244015db=edselp>

A critical review of the conservative therapies for lateral epicondylitis

<http://web.b.ebscohost.com/detail/detail?vid=2d4f1-4dd1-98f7-2b510438570&sid=8585-8313b06833c1%40hid=122&bdata=JnNpdGU9Z#AN=S1440244015db=edselp>

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Is conservative treatment compared to surgery effective for rotator cuff injury?

Find a randomized controlled trial to address this question. Post the article title and a link to the abstract below.



Is conservative treatment compared to surgery effective for rotator cuff injury?

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Consider: Comparing surgical repair vs. conservative treatment for degenerative rotator cuff tears: a randomized controlled trial

Clinical and radiological outcome of conservative vs. surgical treatment of atraumatic degenerative rotator cuff rupture: design of a randomized controlled trial.

<https://www.ncbi.nlm.nih.gov/pubmed/23523073>

<http://web.b.ebscohost.com/detail/detail?vid=11&sid=d4ed7ee6-6525-4ad3-a6fb-51f9645b8ae6%40sessionmgr103&hid=115&urlbdata=JnNpdGU9ZWhtvc3QtbGl2ZQ%3d%3d#AN=107786114&db=cin2003&page=1>

Evidence-based Physical Therapy Protocol for Conservative Treatment of Full-Thickness Rotator Cuff Tear.

Short-term outcome of tuberopecty for irreparable massive rotator cuff tears: is tuberopecty really a viable option?

Comparing surgical repair with conservative treatment for degenerative rotator cuff tears: a randomized controlled trial.

<https://www.ncbi.nlm.nih.gov/pubmed/24774621>

<https://www.ncbi.nlm.nih.gov/pubmed/24774621>

Do donuts help alleviate rotator cuff pain? A one year study

Haha!

The Effectiveness of Multimodal Care for the Management of Soft Tissue Injuries of the Shoulder: A Systematic Review by the Ontario Protocol for Traffic Injury Management (OPTIMA) Collaboration.

Individualized low-load control exercises as a means to improve activity, pain, and physical performance in patients with low back pain: a randomized controlled trial.

Does adding a 12-week exercise program to physical therapy improve outcomes in patients with rotator cuff tears? A randomized controlled trial.

Flowchart showing a clinical trial design with two groups: Conservative Treatment and Surgical Treatment, leading to various outcomes.

Clinical and radiological outcome of conservative vs. surgical treatment of atraumatic degenerative rotator cuff rupture: design of a randomized controlled trial. BMC Musculoskelet Disord. 2011 Jan 26;14(1):1-10. doi:10.1186/1471-2475-14-10. PMID: 21270000. www.ncbi.nlm.nih.gov/pubmed/21270000.

Surgery or conservative treatment for rotator cuff tears: a meta-analysis.

Is conservative treatment effective for lateral epicondylitis?

I'M NOT USUALLY ON JEOPARDY...



Non-operative treatment regime including eccentric training for lateral humeral epicondylalgia.

physical therapy and lateral epicondylitis

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4451036/>

Astym treatment vs. eccentric exercise for lateral elbow tendinopathy: a randomized controlled clinical trial

Comparison of extracorporeal shock wave therapy in acute and chronic lateral epicondylitis.



Efficacy of physical therapy for the treatment of lateral epicondylitis: a meta-analysis.

<http://www.ncbi.nlm.nih.gov/pubmed/26303397>

Therapeutic effects of low-level laser on lateral epicondylitis from differential interventions of Chinese-Western medicine: systematic review.

<http://eds.a.ebscohost.com.uws.idm.oclc.org/ehost/detail/detail?vid=2&sid=90b4a9fc-3239-4878-a53b-005d1a86d829%40sessionmgr4004&hid=4105&bdata=JnNpdGU9ZWZwhvc3QtbGl2ZQ%3d%3d#AN=19874256&db=mdc>

<http://www.ncbi.nlm.nih.gov.uws.idm.oclc.org/pubmed/25414603>

Efficacy of physical therapy for the treatment of lateral epicondylitis: a meta-analysis.

<http://www.ncbi.nlm.nih.gov/pubmed/26303397>

<http://www.ncbi.nlm.nih.gov.uws.idm.oclc.org/pubmed>

<http://www.crd.york.ac.uk/ShowRecord.asp?Accession=8106106>

Evidence for the effect of electrophysiological modalities on medial and lateral epicondylitis: a systematic review.

Non-surgical treatment of lateral epicondylitis: a systematic review and meta-analysis of randomized controlled trials. <http://www.ncbi.nlm.nih.gov.uws.idm.oclc.org/pubmed/25414603>

Injection of botulinum toxin for the treatment of chronic lateral epicondylitis: a systematic review and meta-analysis. <http://eds.a.ebscohost.com.uws.idm.oclc.org/ehost/detail/detail?vid=5&sid=67e3-4fb1-b726-733c53a2345e%40sessionmgr4004&hid=4110&bdata=JnNpdGU9ZWZwhvc3QtbGl2ZQ%3d%3d#AN=208227>

Non-surgical treatment of lateral epicondylitis: a systematic review and meta-analysis of randomized controlled trials.

Why I ❤️ Padlet

intuitive

visually appealing

endless ways to use

works across devices

informal assessment

fun

Try it out!

<https://padlet.com/librariesrock/PNCMLA>

Questions?

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